What is claimed is:

1. A pest removal device for removing a pest from a surface comprising:

an engagement side covered with an adhesive layer;
a backing side positioned opposite the engagement side; and
a single release tab covered with a tab liner extending from the pest
removal device for removing the engagement side from the
surface.

- 2. The pest removal device of claim 1, wherein the single release tab is positioned adjacent the engagement side.
- 3. The pest removal device of claim 1, wherein the single release tab extends from the backing side.
- 4. The pest removal device of claim 3, wherein the single release tab is pivotable to extend perpendicularly from the backing surface.
- 5. The pest removal device of claim 1, wherein the pest is selected from the group consisting of insects, arachnids, and rodents.
- 6. The pest removal device of claim 1, wherein the adhesive layer is penetrated with an antiseptic.
- 7. The pest removal device claim 6, wherein the antiseptic is alcohol.
- 8. The pest removal device of claim 1, further comprising:

- a storing liner to which the pest removal device is removably attached.
- 9. The pest removal device of claim 8, wherein the storing liner is spooled in a dispenser.
- 10. The pest removal device of claim 1, wherein the backing surface is covered with an adhesive layer.
- 11. The pest removal device of claim 1, wherein the surface is human skin.
- 12. A pest removal device for removing a pest from a surface comprising:
 - a main body having a length, a width, a perimeter, an engagement side covered with an adhesive layer and a backing side positioned opposite the engagement side; and
 - a release tab extending from the perimeter of the main body, the release tab has a length parallel to the main body length and less than the main body length and a width parallel to the main body width and less than the main body width.
- 13. The pest removal device of claim 12, wherein the main body length and width are equal and define a diameter of a circle.
- 14. The pest removal device of claim 12, wherein the release tab length and width are equal and define a radius of a half circle, the half circle extends from the perimeter of the main body.

- 15. The pest removal device of claim 12, wherein at least a portion of the backing side is covered with an adhesive layer.
- 16. The pest removal device of claim 12, wherein the release tab is covered with a tab liner.
- 17. The pest removal device of claim 12, wherein the main body and release tab are constructed of a flexible, resilient foam material.
- 18. The pest removal device of claim 12, further comprising a storing liner to releasably attach to the engagement side of the main body.
- 19. A pest removal device for removing a pest from a surface comprising:
 - a substrate comprising a first side and a second side, wherein the first side has an engagement portion and a single release tab portion;
 - an adhesive layer covering the engagement portion of the first side to contact the pest; and
 - a tab liner covering the single release tab portion of the first side.
- 20. The pest removal device of claim 19, further comprising:
 a storing liner to which the pest removal device is removably attached.
- 21. The pest removal device of claim 20, wherein the storing liner is spooled in a dispenser.

- 22. The pest removal device of claim 20, further comprising an adhesive layer covering the second side of the substrate.
- 23. A pest removal device for removing a pest from a surface comprising:

a substrate comprising a first side and a second side;
means for removably storing the pest removal devices;
means for securing the pest to the first side of the substrate; and
means for holding the pest removal device without contacting the
means for securing.

- 24. A pest removal device for removing a pest from a surface comprising:
 - a circular disk comprising a first surface and a second surface, wherein the first surface has an engagement portion and a single release tab portion;
 - an adhesive layer covering the engagement portion of the first surface to contact the pest;
 - a tab liner covering the single release tab portion of the first surface; and
 - a storing liner to removably secure the adhesive layer of the pest removal device.
- 25. A method of removing a pest from a surface comprising:

 providing an pest removal device, wherein the pest removal device

 comprises an engagement side covered with an adhesive

 layer, a backing side positioned opposite the engagement

 side, and a single release tab covered with a tab liner

extending from the pest removal device to remove the pest removal device from the surface;

positioning the engagement side over the pest;
securing the pest removal device to the pest and the surface;
pulling the single release tab; and
removing the pest removal device from the surface with the pest
attached to the engagement side of the pest removal device.

- 26. The method of claim 25, further comprising:

 providing a storing liner to removably secure the engagement side

 of the pest removal device.
- 27. The method of claim 25, further comprising: folding the pest removal device to trap the pest.
- 28. The method of claim 25, further comprising: disposing of the pest removal device.
- 29. The method of claim 25, further comprising: saving the pest attached to the pest removal device; and analyzing the pest for disease.